



**WESLEY MEMORIAL UNITED METHODIST CHURCH**

**Volunteer Resource Booklet**

“In every community there is work to be done. In every nation there are wounds to heal. In every heart there is the power to do it.”

Marianne Williamson

*Note: Please forward any corrections or proposed changes to a member of the Ministry to the Community and World team or to the Church Office.*

“A volunteer is a person who believes that people can make a difference—  
and is willing to prove it” anonymous

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**ORGANIZATION: Abundant Life Ministries**

**PURPOSE:**

Charlottesville Abundant Life Ministries (CALM) is a partnership between Trinity Presbyterian Church and other local churches, and the residents of the Blue Ridge Commons/Prospect Avenue community in Charlottesville, Virginia. Since 1995, CALM has been at work to help Prospect Avenue residents flourish in their family lives, on the job, in the classroom, and in life through Christ-centered programs that address spiritual, educational, and economic needs.

**VOLUNTEERS:**

- Kitchen Supervisor
- Summer Camp Director-in-Training
- Providing snacks once a month or once a semester
- Prayer support
- Cooks
- Babysitters for occasional nights to watch participants' children during MotherRead or adult training classes
- Helping with photocopying or phones

**ADDRESS:** Volunteer Coordinator  
c/o the Abundant Life Center  
P.O. Box 3482  
Charlottesville, VA 22903

**PHONE:** (434) 970-2016

**E-MAIL:** [abundantlife@cstone.net](mailto:abundantlife@cstone.net)

**WEB SITE:** <http://www.cstone.net/~abundant/>

**ORGANIZATION: AIDS/HIV Services Group of Charlottesville/Wiseman House**

**PURPOSE:**

The purpose of AIDS/HIV Services Group is to provide emotional and practical support to persons living with HIV/AIDS, their families, friends and loved ones; prevent the spread of HIV/AIDS by educating the community; and to promote a compassionate and informed community response to all persons affected by HIV/AIDS.

**VOLUNTEERS:**

All volunteers will take volunteer training that lasts approximately 6 hrs and occurs 3 times a year. There is a need for office workers, who would serve as receptionist, answer phones, and do light office work in 2 hr shifts Monday through Friday 09 am to 5 pm. Opportunities exist to set up and clean up for special fund raising events, and to man tables at the events, such as the AIDS walk, and auctions. Opportunities are available for committee work; for domestic help involving transportation, light housekeeping, and obtaining of groceries. Opportunities exist to work directly with clients, providing childcare for children of those infected with HIV to attend appointments, or to provide transportation. One can also serve as a Big Buddy, to a child of a parent with HIV (should be college age or older). This requires a semester commitment of spending 2-3 hrs a week with the child and monthly meetings with other Big Buddies. One can also serve as a Buddy, in which you are matched one on one with a client. This requires additional training in confidentiality, boundaries, and crisis management, and a one-year commitment, to spend 2-3 hrs a week with the client, plus attending monthly meetings.

**ADDRESS:** Harris St Charlottesville (behind Bodo's)

**PHONE:** (434) 979-7714

**WEB SITE:** <http://www.aidsservices.org/>

**ORGANIZATION: The Albemarle Housing Improvement Program (AHIP)**

**PURPOSE:**

AHIP is a private, non-profit housing provider and community developer dedicated to assisting low to moderate income Albemarle County and City of Charlottesville residents to live in safe, decent, and affordable housing.

We achieve our mission through the following services:

- \* Housing Rehabilitation
- \* Emergency Home Repair
- \* First Time Home Buyer Opportunities
- \* Preserving Affordable Housing
- \* Volunteers

**VOLUNTEERS:**

Volunteer opportunities range from office duties (clerical, bulk mailings), data processing) to urban planning (surveying neighborhoods for need), to building (laborer work, carpentry, and all phases of building).

**ADDRESS:** 2127 Berkmar Drive  
Charlottesville, VA 22901

**PHONE Office:** (434) 817-2447 ext 36

**WEB SITE:** <http://www.ahipva.org/>

ORGANIZATION: **AlbemarleKids.com**

PURPOSE:

An interactive magazine and resource for local families which includes info and events in the area.

VOLUNTEERS:

They have various volunteer ops from answering phones, helping with website, calling area businesses for help etc.

PHONE: (434) 984-4713

WEB SITE: <http://albemarlekids.com>

**ORGANIZATION: Albemarle County Public Schools**

**PURPOSE:**

"The primary mission of Albemarle County Public Schools is to provide and promote a dynamic environment for learning through which all students acquire the knowledge, skills, and values necessary to live as informed and productive members of society."

**VOLUNTEERS:**

Volunteer to work in classrooms, tutor children in any subject area in a one-on-one or group situation, go on field trips, and organize program, to name a few. The best thing to do is contact the school at which you want to volunteer and find out what that particular school needs.

<b>SCHOOL DIRECTORY:</b>	
<b>Elementary</b>	
<p><a href="#"><u>Agnor-Hurt</u></a> 3201 Berkmar Dr. Charlottesville, Va. 22901 phone: (434) 973-5211 fax: (434) 974-7046</p> <p>Contact: Dottie DeVall Principal: <a href="#"><u>Mrs. Sylvia Henderson</u></a> Assistant Principal: Jeannette S. Orrock</p> <p><b>ESOL Resource Ctr.</b> Contact: Jean Wollenburg phone: (434) 973-7921</p>	<p><a href="#"><u>Baker-Butler</u></a> 2740 Proffit Road Charlottesville, VA 22911 phone: (434) 974-7777 fax: (434) 964-4684</p> <p>Contact: Nicole Brooks Principal: <a href="#"><u>Mr. Keith Hammon</u></a> Asst. Principal/CTIP: Sue Davies</p>
<p><a href="#"><u>Broadus Wood</u></a> 185 Buck Mountain Rd. Earlysville, Va. 22936 phone: (434) 973-3865 fax: (434) 973-3833</p> <p>Contact: Julia Fudala Principal: <a href="#"><u>Mrs. Barbara K. Edwards</u></a></p>	<p><a href="#"><u>Brownsville</u></a> 5870 Rockfish Gap Turnpike Crozet, VA 22932 phone: (434) 823-4658 fax: (434) 823-5120</p> <p>Contact: Helen Brite Principal: <a href="#"><u>Mr. John A. Cruickshank</u></a></p>

<p><a href="#"><u>Cale</u></a>  1757 Avon Street Extended  Charlottesville, VA 22902  phone: (434) 293-7455  fax: (434) 293-2067</p> <p>Contact: Carolyn Wooten  Principal: <a href="#"><u>Mr. Matthew Landahl</u></a>  Assistant Principal: Sue Newman</p>	<p><a href="#"><u>Crozet</u></a>  1407 Crozet Avenue  Crozet, VA 22932  phone: (434) 823-4800  fax: (434) 823-6470</p> <p>Contact: Carolyn Sandridge  Principal: <a href="#"><u>Ms. Michele Del Gallo</u></a></p>
<p><a href="#"><u>Greer</u></a>  190 Lambs Lane  Charlottesville, VA 22901  phone: (434) 973-8371  fax:(434) 973-0629</p> <p>Contact: Reeda Deane  Principal: <a href="#"><u>Mr. Stephen M. Braintwain</u></a>  Assistant Principal: Linda Harding</p>	<p><a href="#"><u>Hollymead</u></a>  2775 Powell Creek Drive  Charlottesville, VA 22911  phone: (434) 973-8301  fax: (434) -978-3687</p> <p>Contact: Nancy Mason  Principal: <a href="#"><u>Dr. Carole Hastings</u></a>  Assistant Principal: Vickie Baker</p>
<p><a href="#"><u>Meriwether-Lewis</u></a>  1610 Owensville Road  Charlottesville, VA 22901  phone: (434) 293-9304  fax: (434) 979-3850</p> <p>Contact: Sue Fortune  Principal: <a href="#"><u>Ms. Jo A. Vining</u></a>  Assistant Principal: Kimberly Cousins</p>	<p><a href="#"><u>Murray</u></a>  3251 Morgantown Road  Charlottesville, VA 22903  phone: (434) 977-4599  fax: (434) 979-5416</p> <p>Contact: Betty Knight  Principal: <a href="#"><u>Mr. David Rogers</u></a></p>
<p><a href="#"><u>Red Hill</u></a>  3901 Red Hill School Road  North Garden, VA 22959  phone: (434) 293-5332  fax: (434) 293-7300</p> <p>Contact: Debbie Cason  Principal: <a href="#"><u>Mr. Mack Tate</u></a></p>	<p><a href="#"><u>Scottsville</u></a>  7868 Scottsville Road  Scottsville, VA 24590  phone: (434) 286-2441  fax: (434) 286-2442</p> <p>Contact: Sharon Rush-Ayers  Principal: <a href="#"><u>Ms. Lisa Jones</u></a></p>
<p><a href="#"><u>Stone-Robinson</u></a>  958 North Milton Road  Charlottesville, VA 22911  phone: (434) 296-3754  fax: (434) 296-7645</p> <p>Contact: Wanda Martin  Principal: <a href="#"><u>Ms. Ashby Kindler</u></a>  Assistant Principal: Margaret McNergney</p>	<p><a href="#"><u>Stony Point</u></a>  3893 Stony Point Road  Keswick, VA 22947  phone: (434) 973-6405  fax: (434) 973-9751</p> <p>Contact: Angie Brill  Principal: <a href="#"><u>Mr. David Cushman</u></a></p>

<p><a href="#">Woodbrook</a>  100 Woodbrook Drive  Charlottesville, VA 22901  phone: (434) 973-6600  fax: (434) 973-0317</p> <p>Contact: Mary Underwood  Principal: <a href="#">Ms. Karen Marcus</a></p>	<p><a href="#">Yancey</a>  7625 Porters Road  Esmont, VA 22937  phone: (434) 286-3768  fax: (434) 286-4040</p> <p>Contact: Cathy Martin  Principal: <a href="#">Ms. Debora M. Collins</a></p>
<b>Middle</b>	
<p><a href="#">Burley</a>  901 Rose Hill Drive  Charlottesville, VA 22903  phone: (434) 295-5101  fax: (434) 984-4975</p> <p>Contact: Tammy Dance  Principal: <a href="#">Dr. L. Bernard Hairston</a>  Assistant Principal: Marcha Howard</p>	<p><a href="#">Henley</a>  5880 Rockfish Gap Turnpike  Charlottesville, VA 22932  phone: (434) 823-4393  fax: (434) 823-2711</p> <p>Contact: Sandra Conley  Principal: <a href="#">Mr. Donald D. Vale</a>  Assistant Principal: Andrew Grider</p>
<p><a href="#">Jouett</a>  210 Lambs Lane  Charlottesville, VA 22901  phone: (434) 975-9320  fax: (434) 975-9322</p> <p>Contact: Anna Harlow  Principal: <a href="#">Mr. Russell L. Jarrett</a>  Assistant Principal: Elizabeth L. Pitt</p>	<p><a href="#">Sutherland</a>  2801 Powell Creek Drive  Charlottesville, VA 22911  phone: (434) 975-0599  fax: (434) 975-0852</p> <p>Contact: Jane Pritchett  Principal: <a href="#">Ms. Kathryn Baylor</a>  Assistant Principal: Eric Johnson</p>
<p><a href="#">Walton</a>  4217 Red Hill Road  Charlottesville, VA 22903  phone: (434) 977-5615  fax: (434) 296-6648</p> <p>Contact: Frances Wood  Principal: <a href="#">Mr. Billy Haun</a>  Assistant Principal: Jeff Crawford</p>	

## High

### Albemarle

2775 Hydraulic Road  
Charlottesville, VA 22901  
phone: (434) 975-9300  
fax: (434) 974-4335

Contact: Sandy Allen  
Principal: [Mr. Lawrence A. Lawwill](#)  
Associate Principal: Steven Wright  
Asst. Principals: Raynell Stokes; Carl Kiehn  
Admin Intern/A.P. : Melissa McBride  
Driver's Ed: Rick Wharam  
Driver's Ed Contact: Cat Stanley 975-9451  
Post-High: (434) 977-4610

### Monticello

1400 Independence Way  
Charlottesville, VA 22902  
phone: (434) 244-3100  
fax: (434) 244-3104

Contact: Nancy Ferguson  
Principal: [Ms. Steele Howen](#)  
Assistant Principals: Maryjane Smith,  
Greg Domecq, Jim Asher

### Murray

1200 Forest Street  
Charlottesville, VA 22901  
phone: (434) 296-3090  
fax: (434) 979-6479

Contact: Diana Maupin  
Principal: [Dr. Vicki Crews-Miller](#)  
Enterprise Center Coordinator: Toni Roby

### Western Albemarle

5941 Rockfish Gap Turnpike  
Crozet, VA 22932  
phone: (434) 823-8700  
fax: (434) 823-8711

Contact: Leslie Brown  
Principal: [Dr. Anne G. Coughlin](#)  
Assistant Principals: Francine Hughes,  
Michael Hall

### CATEC

1000 East Rio Road  
Charlottesville, VA 22901  
phone: (434) 973-4461  
fax: (434) 973-4876

Contact: Shannon Zimmer  
Principal: [J. Joseph Johnson, III](#)  
Assistant Principal: TBA

Web Site: <http://k12.albemarle.org>

ORGANIZATION: **Alliance for Interfaith Ministries (AIM)**

PURPOSE:

AIM provides temporary assistance to those who would slip through the cracks of society's safety net. Trained volunteers process applications for financial help with utilities, housing, medical or temporary lodging and for special situations covered by AIM's crisis fund.

PHONE: (434) 972-1704

ORGANIZATION: **Alzheimer's Association Piedmont-Valley Chapter**

PURPOSE:

The Piedmont-Valley Chapter is dedicated to providing support and assistance to individuals affected by Alzheimer's disease. We also strive to help their families, friends and communities by facilitating community education and supporting research into the prevention, detection, treatment and cure of Alzheimer's disease and related disorders.

VOLUNTEERS:

Volunteers are needed at the Charlottesville office on Tuesdays and Fridays. Please help!  
Call (434) 973-6122

ADDRESS: 490 Westfield Road  
P. O. Box 4634  
Charlottesville, VA 22901

PHONE: (434) 973-6122  
Toll-free: 1-888-809-7383

E-MAIL: [kitter@cstone.net](mailto:kitter@cstone.net)

WEB SITE: <http://avenue.org/aacp/>

**ORGANIZATION: American Cancer Society Charlottesville / Albemarle Unit**

**PURPOSE:**

A nationwide, community-based voluntary health organization. Dedicated to eliminating cancer as a massive health problem by preventing cancer, saving lives from cancer and diminishing suffering from cancer through research, education and service.

**VOLUNTEERS:**

How can you help win the fight against cancer? Check out local events and programs to see how you can participate in fundraising efforts, support local legislation, and help with activities in your area.

**ADDRESS:** 3042-D Berkmar Dr.  
Charlottesville, VA 22901

**PHONE:** (434) 978-7423

**WEB SITE:** [http://www.cancer.org/eprise/main/docroot/COM/COM\\_0](http://www.cancer.org/eprise/main/docroot/COM/COM_0)

**ORGANIZATION: American Red Cross – Central Virginia Chapter**

**PURPOSE:**

The mission of the Central Virginia Chapter of American Red Cross is to enable people throughout its jurisdiction to live safer, healthier lives, to cope with emergencies, and to return to normalcy. Services will be responsive to the needs of the people, consistent with the standards and mission of the American National Red Cross and guided by the Fundamental Principles of the International Red Cross Movement.

**VOLUNTEERS:**

Volunteer opportunities in these areas:

- Special Events
- Administrative/Clerical
- Armed Forces Emergency Services
- Blood Services
- Disaster Services
- Health & Safety Services
- International Services
- Youth Services

**ADDRESS:**

1105 Rose Hill Drive  
Charlottesville, VA 22903

PHONE: (434) 979-7143

E-MAIL: [Judith@redcrosscva.org](mailto:Judith@redcrosscva.org)

WEB SITE: <http://avenue.org/redcross>

**ORGANIZATION: Arc of the Piedmont**

**PURPOSE:**

The Arc is the nation's largest volunteer organization solely devoted to improving the lives of adults and children who have mental retardation and to preventing disabilities in babies and young children. The Arc of the Piedmont is a not-profit membership organization that serves families in the city of Charlottesville and the counties of Albemarle, Fluvanna, Greene, Louisa and Nelson.

**VOLUNTEERS:**

Please Inquire

**ADDRESS:** 509 Park St.  
Charlottesville, VA 22902

**PHONE:** (434) 977-4002

**E-MAIL:** [thearc@aol.com](mailto:thearc@aol.com)

**WEB SITE:** <http://avenue.org/arc>

ORGANIZATION: **Barrett Day Care Center**

PURPOSE:

They provide and serve families in Charlottesville and surrounding counties with daycare

VOLUNTEERS:

They have various ongoing needs and one time opportunities for volunteers. Examples include, painting, maintenance, helping mulch playground, clean playground, spend time reading or playing with the kids.

ADDRESS: 410 Ridge Street  
Charlottesville, 22902

PHONE: (434) 295-9202

ORGANIZATION: **Book Buddies**

PURPOSE:

Book Buddies is a one-on-one community volunteer program that plays an integral role in the Charlottesville City Schools' goal to ensure that all first and second grade students learn to read and write. Book Buddies promotes strong community involvement using a cost-effective program to meet the educational needs of children in the primary grades.

VOLUNTEERS:

Eleanor Kett handles volunteer recruitment as well as site visits. If you are interested in becoming a Book Buddies volunteer or in visiting a Charlottesville Book Buddies site, please email Eleanor or contact her at the following address or phone number:

ADDRESS: Volunteer Coordinator, Book Buddies  
1400 Melbourne Road  
Charlottesville, VA 22901

PHONE: (434) 245.2667

E-MAIL: [eleanor.kett@ccs.k12.va.us](mailto:eleanor.kett@ccs.k12.va.us)

WEB SITE: <http://curry.edschool.virginia.edu/reading/projects/bookbuddies/home.html>

**ORGANIZATION: Boy Scouts/Cub Scouts of America**

**PURPOSE:**

The purpose of the Boy Scouts of America—incorporated on February 8, 1910, and chartered by Congress in 1916—is to provide an educational program for boys and young adults to build character, to train in the responsibilities of participating citizenship, and to develop personal fitness.

**VOLUNTEERS:**

Volunteer needs are with cub and boy scouting, youth programs

**ADDRESS:** 801 Hopeman pkwy  
PO Box 813  
Waynesboro, VA 22980

**PHONE:** (434) 978-3822

**WEB SITE:** <http://www.bsa-sjac.org/>

ORGANIZATION: **Boys & Girls Club of Charlottesville/Albemarle County**

PURPOSE:

The Boys & Girls Club helps youth, ages 6-18, from all backgrounds with a special concern for youth from disadvantaged circumstances, develop those qualities and skills needed to become responsible citizens and leaders. Programs are provided that enhance character and self-esteem, are education and fun, and contribute to the development of youth by allowing the member to realize and reach their full potential.

VOLUNTEERS:

During the school year, volunteers are needed to work with the children who are members by tutoring them and helping with homework.

ADDRESS: P.O. Box 707  
Charlottesville, VA 22902

PHONE: (434) 977-2001

E-MAIL: [boysandgirlsclub5@earthlink.net](mailto:boysandgirlsclub5@earthlink.net)

WEBSITE: <http://avenue.org/bgcville>

**ORGANIZATION: Camp Holiday Trails**

**PURPOSE:**

Camp Holiday Trails offers children with special medical needs the chance to enjoy recreational and social experiences that otherwise would not be available to them.

**VOLUNTEERS:**

There are several volunteer opportunities at Camp Holiday Trails:

- During the summer, counselor volunteers are needed to live on-site for four 10-day sessions.
- On weekends and in the evenings, there is a therapeutic riding program that needs three volunteers for each rider.
- For family weekends, which run on non-summer weekends from Friday evenings to Sunday afternoons, “Family Pals” are needed to act as liaisons for parents and children. “Family Pals” have separate housing during family weekends.
- On weekdays and Saturdays throughout the year, volunteers are needed for trail work, painting, maintenance work, and office work.

ADDRESS: P.O. Box 5806  
Charlottesville, VA 22905-0806

PHONE: (434) 977-3781

E-MAIL: [chtinfo@nexet.net](mailto:chtinfo@nexet.net)

WEBSITE: <http://www.holidaytrails.org>

**ORGANIZATION: Charlottesville Center for Peace and Justice**

**PURPOSE:**

Charlottesville Center for Peace and Justice is an educational and networking organization that promotes peace and justice at the local, national and international levels. This organization is committed to non-violent activities. They welcome new members.

**VOLUNTEERS:**

A volunteer list is kept on which people can place their names. The best way to volunteer is to call and find out what help is needed. Some possibilities are helping with mailings, making signs and working tables that are set up in places to talk about peace issues.

**ADDRESS:** P.O. Box 3381  
Charlottesville, VA 22903

**PHONE:** (434) 961-6278

**E-MAIL:** [CCPJ@avenue.org](mailto:CCPJ@avenue.org)

**WEBSITE:** <http://avenue.org/ccpj/>

**ORGANIZATION: Charlottesville Public Schools**

**PURPOSE:**

To provide the children of Charlottesville a world-class, quality education.

**VOLUNTEERS:**

There are numerous volunteer opportunities with Charlottesville City Schools. You can volunteer to work in classrooms, tutor children in any subject area in a one-on-one or group situation, go on field trips, and organize program, to name a few. The best thing to do is contact the school at which you want to volunteer and find out what that particular school needs.

**ADDRESSES:**

Charlottesville School Board:	1562 Dairy Rd. 22903	(434) 245-2400
Buford Middle School:	617 9 <sup>th</sup> St., S.W. 22903	(434) 245-2411
Burnley-Moran Elementary School:	1300 Long St. 22901	(434) 245-2413
Charlottesville High School:	1400 Melbourne Rd. 22901	(434) 245-2410
Clark Elementary School:	1000 Belmont Ave. 22902	(434) 245-2414
Greenbrier Elementary School:	2228 Greenbrier Dr. 22901	(434) 245-2415
Jackson-Via Elementary School:	508 Harris Rd. 22903	(434) 245- 2416
Johnson Elementary School:	1645 Cherry Ave. 22903	(434) 245-2417
Venable Elementary School:	406 14 <sup>th</sup> St., N.W. 22903	(434) 245-2418
Walker Upper Elementary School:	1564 Dairy Rd. 22903	(434) 245-2412

**WEBSITE:** <http://www.ccs.k12.va.us>

**ORGANIZATION: COMPUTERS4KIDS**

**PURPOSE:**

Computers4Kids is a local non-profit that seeks to address the gap between children who can afford to have a home computer and who cannot. C4K obtains used computers and refurbishes them, installs appropriate software, provide ongoing computer training and mentoring, and distributes computer and printer to a deserving child who otherwise would not have a computer at home.

**VOLUNTEERS:**

People who are interested in mentoring 7<sup>th</sup> – 12<sup>th</sup> grade to develop their skills. The time commitment is only one hour a week. You need only be comfortable navigating a PC or Macintosh computer. All mentoring takes place in the C4K learning lab on Grove St. M-F 2:30 – 8:00pm and from 10:00am – 12:00pm on Saturdays. All mentors must complete an application and attend training prior to being paired with a student.

PHONE: Voice (434) 817-1121  
Fax: (434) 817-1122

E-MAIL: [info@computers4kids.net](mailto:info@computers4kids.net)

WEBSITE: <http://www.computers4kids.net>

**ORGANIZATION: Coalition Assisting Residents in Emergency Situations--CARES**

**PURPOSE:**

Serves as a clearinghouse for those requiring limited emergency financial assistance. Assists those with unexpected expenses and those with imminent utility disconnection, eviction and/or mortgage foreclosure. Provides referrals to other agencies for long term solutions to immediate issues.

**VOLUNTEERS:**

Yes! Call for information.

**ADDRESS:** 1001 East Market Street, Suite 102,  
Charlottesville, VA 22902

**PHONE:** (434) 220-0800

**E-MAIL:** [caresprogram@aol.com](mailto:caresprogram@aol.com)

**ORGANIZATION: Court Appointed Special Advocates (CASA)**

**PURPOSE:**

Piedmont CASA is an organization that trains Court Appointed Special Advocates, who work one-on-one with abused and endangered children to assist the courts in determining the best environment to ensure each child's safety and well-being.

**VOLUNTEERS:**

Appointed by a judge to advocate for the best interests of a child in court. The volunteer provides a carefully research background of the child to help the court make a sound decision about the child's future. The CASA makes recommendations to the judge, and follow through on the case until it is permanently resolved. No special experience is required CASA volunteers devote and average of 10 – 15 hours per month. An application and interview process is required. In addition, a mandatory 32 hour training program must be completed.

PHONE: (434) 971-7515

E-MAIL: [pcasa@earthlink.net](mailto:pcasa@earthlink.net)

**ORGANIZATION: CROP Walk**

**PURPOSE:**

Typically held in October, the CROP Walk is the community-based hunger education and fund-raising event sponsored by Church World Services. 25% of the funds raised by Charlottesville/Albemarle are used to support the local hunger relief work of our Community Meals on Wheels and Emergency Food Bank. Church World Service uses the remaining 75% to provide emergency relief, preventive health care, food production programs, water resource development, job training, and environmental renewal activities. These self-development activities are conducted through partner agencies in more than seventy countries.

**VOLUNTEERS:**

Participants include people of all ages, who typically walk 10 kilometers. Before the CROP WALK, they obtain sponsor-envelopes from church recruiters and then obtain pledges from family members, neighbors, and friends in church, school, university, fraternal or civic organizations. On the day of the CROP WALK, we walk together over the designated route. After walkers collect from their sponsors, they turn-in the money to their recruiter or to the Barracks Road Branch of Bank of America.

PHONE: (434) 973-6963

E-MAIL: [jtb@virginia.edu](mailto:jtb@virginia.edu)

WEB SITE: <http://avenue.org/cropwalk>

ORGANIZATION: **Discovery Museum**

PURPOSE:

The Virginia Discovery Museum is a dynamic educational setting that provides opportunities for hands-on learning for children ages 1 – 10 and the adults who accompany them. It is a place where curiosity and exploration are cultivated and nurtured. The Museum has 4 full time and 4 half time staff members. Limited financial resources, over 140 volunteers. The Museum is open 6 days a week. Last year's visitation totaled 46,510. It is located on the east end of the Downtown Mall.

PHONE: (434) 977-1025

**ORGANIZATION: Emergency Food Bank**

**PURPOSE:**

The Emergency Food Bank is a volunteer organization that provides a two-three day food supply to individuals and families in the Charlottesville-Albemarle area who find themselves in an emergency without food.

**VOLUNTEERS:**

Volunteering requires a monthly commitment of approximately two hours. A volunteer may work in the office and take orders, make deliveries to distribution sites, shelve food or bag orders.

**ADDRESS:** Downtown Charlottesville

**PHONE:** (434) 979-9180

**E-MAIL:** [efbinfo@attglobal.net](mailto:efbinfo@attglobal.net)

**WEB SITE:** <http://avenue.org/efb>

ORGANIZATION: **FOCUS**

PURPOSE:

To provide support for women and their families and to assist them in exploring, developing and achieving their full potential.

VOLUNTEERS:

Peer counseling, marketing/public relations, fundraising/special events, publications, mediation, counseling, flea market, office/clerical assistance, technology/web page, facilities, grounds and others.

ADDRESS: 1508 Grady Avenue  
Charlottesville, VA 22903

PHONE: (434) 293-2222

**ORGANIZATION: Free Clinic**

**PURPOSE:**

The Charlottesville Free Clinic serves the greater Charlottesville region. It is a volunteer community health support system that provides high quality health care to the “working uninsured” who would otherwise have no access to care. The Free Clinic encourages early intervention, primary care visit, and follow-up - saving both lives and dollars. It takes between 15-20 volunteers to run a clinic. Each volunteer is trained to know his or her role as the doctors, nurses, pharmacists and others move around the patients from screening to the nurse’s station to examining rooms to exit interviews.

**VOLUNTEERS:**

The Free Clinic exists through the efforts of 500 volunteers. There are daytime and evening volunteer opportunities.

**ADDRESS:** 1138 Rose Hill Drive  
Suite 200  
Charlottesville, VA 22903

Phone: (434) 296-5525

**ORGANIZATION: Habitat for Humanity of Greater Charlottesville**

**PURPOSE:**

Decent, affordable Habitat for Humanity housing is helping families around the world break the cycle of poverty.

**VOLUNTEERS:**

Helping out with the construction of a Habitat home can be a richly rewarding experience. Although construction volunteers are vital to Habitat, we also need non-construction volunteers to help with the following:

- Saturday On-Site Volunteer Coordinator
- Family Advocate
- Office Volunteer and Special Projects Volunteer
- Grant writing volunteer
- House Dedications Coordinator
- Database Entry and Maintenance Volunteer
- Landscaping Coordinator
- Communications and PR Committee Members
- Volunteer Coordination Committee Members
- Site Selection Committee

ADDRESS: P.O. Box 7305  
Charlottesville, VA 22906

PHONE: (434) 293-9066      E-MAIL: [cvillehabitat@nexet.net](mailto:cvillehabitat@nexet.net)

WEB SITE: <http://avenue.org/habitat>

**ORGANIZATION: Hospice of the Piedmont**

**PURPOSE:**

Hospice provides skilled, compassionate care and support to address and meet the needs of terminally ill persons and their families in the last six months of the person's life when cure is no longer deemed possible. Care is provided for any type of terminal illness wherever the person lives. Hospice works with the person's own physician to relieve pain and control symptoms. Hospice is a team approach focusing not only on the physical and medical aspects of the person's illness but also addressing psychological, emotional, social and spiritual concerns of the patient and family. Transitions is a support program for anyone with a life-limiting illness who is pursuing treatment for cure options, have a life expectancy of more than six months, or are not sure they want Hospice Care. Caring, trained and experienced volunteers offer emotional support and companionship; respite relief for family; transportation to medical appointments, treatments, and support groups; and more depending on the needs.

**VOLUNTEERS:**

Persons choose to serve as Hospice Care or Transitions Volunteers. Individuals attend a 24-hour training course. Volunteers serve in a variety of ways:

- Support for a patient and family which may involve providing companionship and support, respite for family, running errands and shopping
- Providing bereavement support to grieving families through telephone calls and home visits, assisting with support groups or workshops
- Assisting with office duties or fundraising efforts

For more information: Call Barbara Moorhead (434) 817-6900

ORGANIZATION: **Innisfree Village, Inc.**

PURPOSE:

A life sharing community with adults with mental disabilities in NW Albemarle County (17 miles out Barracks Road). There are 35 co-worker (residents) ranging in age from 22 to 80.

VOLUNTEERS:

- Community volunteers are needed to work in the Innisfree World Artisans store on the downtown mall. Could work 4 hours a week or once a month—flexible schedule.
- A volunteer could be a buddy or friend to a co-worker (resident) of the Innisfree Village. This could involve e-mail exchange, taking co-workers on outings, to church or a movie, or inviting them to your home for dinner.
- Volunteer to help with vegetable gardening.

Nancy Chapel is the volunteer coordinator.

ADDRESS: 5505 Walnut Level Road  
Crozet, VA 22932

PHONE: (434) 823-5400

E-MAIL: [innisfreevillage@prodigy.net](mailto:innisfreevillage@prodigy.net)

WEB SITE: <http://avenue.org/innisfree>

ORGANIZATION: **International Rescue Committee**

PURPOSE:

Founded in 1933, the International Rescue Committee (IRC) is the leading nonsectarian, voluntary organization providing relief, protection, and resettlement services for refugees and victims of oppression or violent conflict. The IRC is committed to freedom, human dignity and self-reliance. The IRC of Charlottesville provides trained foreign language interpreters to local hospitals, schools, agencies, and courts serving Limited English Proficient (LEP) persons.

VOLUNTEERS:

1. English tutors. No experience necessary.
2. Family mentors, who will introduce refugee family to C-Ville.
3. Interpreters
4. Coordinator for furniture bank

ADDRESS: 901 E. Jefferson Street  
Charlottesville, VA 22902

PHONE: (434) 979-7772

E-MAIL: [reuben@cville.theirc.org](mailto:reuben@cville.theirc.org)

WEB SITE: <http://www.theirc.org>

**ORGANIZATION: Jefferson Area Board for Aging (JABA)**

**PURPOSE:**

Provide a variety of services to Seniors, such as coordination of aging services, adult day healthcare, home care, home-delivered meals, home safety & repair, cooling assistance, insurance counseling, and advocacy to name a few.

**VOLUNTEERS:**

Numerous opportunities, including “RSVP”, the Retired Senior Volunteer Program. Call for information.

**ADDRESS:** 674 Hillside Drive, Suite 9  
Charlottesville, VA 22901

**PHONE:** (434) 817-5241

**WEB SITE:** <http://avenue.org/jaba>

**ORGANIZATION: Jefferson-Madison Regional Library**

**PURPOSE:**

The Friends raise added funds for the Jefferson-Madison Regional Library so that:

- children and adults at all branches may enjoy programs to enrich their learning
- the various collections of the library system may be enhanced
- library branches may receive donations and funding assistance in emergencies.

**VOLUNTEERS:**

Volunteers can help throughout the year to process donations or work the book sale in the spring of each year. Also, volunteers can offer to help their local library staff with time that can be spared and special skills that they have. Finally, volunteers can donate books, records and magazines for the annual book sale.

PHONE: (434) 977-8467

E-MAIL: [friends@avenue.org](mailto:friends@avenue.org)

WEBSITE: <http://avenue.org/friends>

Central Library Regional Offices: 201 E. Market St. Charlottesville

PHONE: Offices: (434) 979-7151 Library: (434) 979-1555

Gordon Ave. Branch: 1500 Gordon Ave. Charlottesville

PHONE: (434) 296-5544

Northside Library: 300 Albemarle Square Charlottesville

PHONE: (434) 973-7893

Crozet Library: 5791 Three Notch'd Rd. Crozet

PHONE: (434) 823-4050

Scottsville Library: 330 Bird St. Scottsville

PHONE: (434) 286-3541

Greene County Library: Stanard St. Stanardsville

PHONE: (434) 985-5227

Louisa County Library: 22 Bus Garage Rd. Mineral

PHONE: (540) 894-5853

Nelson Memorial Library: 8521 Thomas Nelson Hwy Lovingson

PHONE: (434) 263-5904

**ORGANIZATION: Legal Aid Society**

**PURPOSE:**

Provides free legal assistance for eligible low income persons in selected areas of law.  
Special services for children, farm and immigrant workers and their families

**VOLUNTEERS:**

Yes, call for information.

**ADDRESS:** 617 West Main Street, 2<sup>nd</sup> Floor  
Charlottesville, VA 22903

**PHONE:** (434) 296-8851

ORGANIZATION: **Martha Jefferson Hospital**

PURPOSE:

A not-for-profit community hospital which provides a comprehensive range of inpatient and outpatient services

VOLUNTEERS: Pink Ladies

Address: 459 Locust Ave  
Charlottesville, VA 22902

Phone: (434) 982-7000

WEBSITE: <http://www.marthajefferson.org>

ORGANIZATION: **Meals on Wheels**

PURPOSE:

To deliver hot meals to home bound people and engage in social interaction

VOLUNTEERS:

Drivers and talking with people receiving meals

Address: KCRC, 2270 Ivy Road

Phone: (434) 293-4364

Email: [havameal@intelos.net](mailto:havameal@intelos.net)

ORGANIZATION: **Mental Health Association**

PURPOSE:

To provide advocacy, education, and prevention for individuals with mental illness. Works to remove the stigma of mental illness for consumers, families, schools, and the community.

VOLUNTEERS:

Has a program called Friendship Connection for mental health consumers and a volunteer to have one to one weekly time together. Would like volunteers to help with the "Talkline" which operates in the evening from 6-10 PM to provide support to anyone in distress who calls. Has other jobs related to answering phone and office help

Address: 513 Stewart Street

Phone: (434) 977-4673

**ORGANIZATION: Monticello Area Community Action Agency (MACAA)**

**PURPOSE:**

Antipoverty agency that envisions a community where everyone is thriving. Works with individuals, families, families and the community in a collective effort to eliminate the causes of poverty, to lessen the effects of poverty and to promote progressive social change

**VOLUNTEERS:**

Have 12 programs and at the present time, 2 youth programs have a need for mentors for the school year and summer.(Ext: 3058 for women mentors (Camp Horizon for girls) and Ext 3054 for men mentors (Young Guys of Distinction boys 10-14)) . Marilyn Roselius is public relations person: Phone 293-3171 Ext. 3034.

Address: 1025 Park Street  
Charlottesville, VA 22901

Phone: (434) 295-3171

WEBSITE: <http://avenue.org/macaa>

ORGANIZATION: **Multiple Sclerosis Society-Blue Ridge Chapter**

PURPOSE:

To end the devastating effects of multiple sclerosis

VOLUNTEERS:

General office work, answering phone, bulk mailing, helping with bike tour and annual MS walk

Address: One Morton Drive, suite 106  
Charlottesville, 22903

Phone: (434) 971-8010

Web Site: <http://www.nmss.org>

**ORGANIZATION: Nature Conservatory, Virginia Chapter**

**PURPOSE:**

To preserve the plant, animals, and natural communities that represent the diversity of life on earth by protecting the lands and waters they need to survive.

**VOLUNTEERS:**

Contact Scott Boven or the website:

<http://nature.org/wherewework/northamerica/states/virginia/volunteer/>. The most important thing people interested in supporting the Nature Conservatory is to become a member of the organization as this enables the organization to buy land to protect wildlife and nature.

Address: 490 Westfield Road

Phone: (434) 295-6106

Email: [sboven@tnc.org](mailto:sboven@tnc.org)

Web Site: <http://www.nature.org>

ORGANIZATION: **Offender Aid and Restoration (OAR)**

PURPOSE:

Community corrections agency, sentencing and pre-sentencing alternative to incarceration

VOLUNTEERS:

Mentoring, to help run group education classes in jails such as parenting, anger management

Address 750 Harris Street

Phone: (434) 296-2441

Web Site: <http://www.oar-jacc.org>

ORGANIZATION: **On Our Own, Inc.**

PURPOSE:

To provide mutual support, self-help, advocacy, education, information and referral services to individuals who have experienced significant problems in their lives due to mental illness, & who acknowledge this; and to advocate for positive changes within the traditional mental health system. On Our Own is a consumer run alternative program for persons who acknowledge their status as consumers of mental health care. Many are homeless, have issues of substance abuse, or are ex-offenders. Socializing is the most important function of the Drop In Center, but they try to provide help with housing, food, clothing, furniture, transportation, getting medical or psychiatric services, applying for jobs, applying for veteran's benefits, social security, food stamps, etc, as members request. Hopefully the members will become self reliant and help other members.

VOLUNTEERS:

Advocate for positive change in the mental health community by serving as board members or consultants for various state and local organizations; can donate food or serve meals; assist with preparation or serving of holiday meals; spend time with members, etc. Laundry services, showers, a mailing address, and internet access is provided. Housing is also provided on site.

LOCATION: 123 4<sup>th</sup> St, NW  
Charlottesville

PHONE: (434) 979-2440      EMAIL: [onourown@cstone.net](mailto:onourown@cstone.net)

WEB SITE: <http://avenue.org/onourown>

**ORGANIZATION: Party Parade**

**PURPOSE:**

To support programs of local charities. Parties have been successful in bringing many people together for fun, entertainment, and education. Party Parade has helped newcomers in the community make new friends and become a part of the community. It also disseminates information about the charities. Since its beginning in 1989, the following organizations have been recipients of Party Parade funds: Central Virginia Chapter of American Red Cross, Ronald McDonald House of Charlottesville, SHE, Charlottesville Free Clinic, the Virginia Discovery Museum, the Senior Center, Meals on Wheels, and many others.

**VOLUNTEERS:**

May host parties, contributing the entire cost of the party. (100% of the donation you make goes to the charity). Party Parade funds for 2003 will go to the "I Have a Dream" foundation of Charlottesville, to support 66 Charlottesville Elementary school students to provide them with tuition assistance for secondary education. Volunteers may serve in communications, office work, planning parties, publicity, and others.

**LOCATION:** PO Box 4423  
Charlottesville VA 22905-4423

**PHONE:** **EMAIL:** [zs3c@virginia.edu](mailto:zs3c@virginia.edu), [jshort@virginia.edu](mailto:jshort@virginia.edu)

**WEB SITE:** <http://avenue.org/Party>

**ORGANIZATION: Piedmont Housing Authority**

**PURPOSE:**

A regional organization dedicated to improving the lives of low and moderate income families and individuals by creating housing and community development opportunities throughout the Thomas Jefferson Planning District. Through resource development and coordination, public education, advocacy, and innovative programming, the Alliance seeks to develop a balanced regional approach to the acceptance and provisions of affordable housing and other community development initiatives. The Alliance assists other agencies in expanding services and addresses those housing and other community development issues that require a regional approach, such as AHIP, and the Charlottesville Department of Housing and Community Development.

The Alliance provides affordable housing and other community development options for low to moderate income persons and is committed to addressing the affordable housing and other community development needs of underserved populations. The Alliance arranges low income financing at lower interest rates, assists with closing costs and attorney fees; assists in providing handicapped accessories to homes; educates the public on fair housing practices; and purchases homes to rebuild or repair for sale to low income families.

**VOLUNTEERS:**

Volunteers are needed for administrative work, office work, organizing meetings, answering phones, ordering food; and occasionally for landscaping, yard work, or handyman work.

**LOCATION:** downtown Charlottesville

**PHONE:** (434) 817-2436

**ORGANIZATION: Planned Parenthood of the Blue Ridge**

**PURPOSE:**

Provides professional, affordable reproductive health care and sexual health information in the western half of Virginia. Planned Parenthood provides: education and training sessions so that groups, families and individuals have straightforward, factual information on topics ranging from childbirth to menopause; affordable professional medical services so that women and men can have planned, wanted families and lead healthy sexual lives; and public advocacy activities, so that the regulations and laws governing Virginia are responsive to the reproductive health care and educational needs of its residents. Medical services are provided on an income-based sliding scale. Discounts are available for teens and students. Grants are available to low income patients. No one is turned away due to inability to pay. Services include gynecological exams, birth control, emergency contraception, pregnancy testing and counseling, pregnancy services, abortion services; adoption services; medical treatment of sexually transmitted disease, and others.

**VOLUNTEERS:**

Volunteers can write letters to legislators, and to newspapers, attend Lobby Day in Richmond, and solicit signatures on petitions, etc. Volunteers may be trained to do counseling and provide medical services.

**LOCATION:** 1928 Arlington Blvd  
Charlottesville, VA 22903

105 South Pantops, Suite A-6  
Charlottesville, VA 22901

**PHONE:** Medical Services @ Arlington Blvd : (434) 296-2330  
@ Pantops: (434) 977-0200

Educational Services: (434) 971-7459  
Administrative Services: (434) 296-4549

**WEB SITE:** <http://ppblueridge.org>

ORGANIZATION: **Play Partners**

PURPOSE:

To provide enrichment activities for young children in family day care settings.

VOLUNTEERS:

Volunteers may read, sing, provide art opportunities, and play with children. Training, support, and curriculum materials are provided.

PHONE: (434) 296-4118      EMAIL: [rew@firstva.com](mailto:rew@firstva.com)

**ORGANIZATION: Pregnancy Center**

**PURPOSE:**

To provide free and confidential medical and counseling services to teens, students, professionals, low income women, couples and families. Counseling services include options counseling, family and relationship counseling; support groups for single moms and post abortion counseling. Education opportunities include pregnancy, birth control, emergency contraception. Medical services include pregnancy testing, ultrasound, and fetal age determination. Community referrals include prenatal care, adoption planning, housing arrangements and emergency help. The Pregnancy Center does not provide abortion services nor make referrals for them.

**VOLUNTEERS:**

Volunteers receive training as counselors by attending training sessions for 2 weeks. Counselors service one 3 hr shift per week. Physicians and nurse volunteers conduct medical services, as do volunteer ultrasound technicians.

**LOCATION:** 320 West Main St  
Charlottesville, VA 22903

**PHONE:** (434) 979-8888

ORGANIZATION: **Quality Community Council (QCC)**

PURPOSE:

Charlottesville citizens and members of City Hall working together to improve the quality of life in our community. The mission is to courageously design, implement, and evaluate a sustainable system of community and neighborhood based strategies and efforts. This system will work to eliminate the quality of life issues that challenge Charlottesville. Residents have identified goals, objectives, and activities to address those challenges.

VOLUNTEERS:

Volunteer opportunities include making flyers and putting them out, helping in the office with answering the phone and assisting with mailings, and providing childcare during meetings.

ADDRESS: 327 West Main St., Suite 101  
Charlottesville, VA 22903

PHONE: (434) 970-3006

WEBSITE: <http://www.charlottesville.org/qcc>

**ORGANIZATION: Recording for the Blind & Dyslexic: Virginia/NC Unit**

**PURPOSE:**

Recording for the Blind & Dyslexic serves people with print disabilities. RFB&D has a 90,821-title library of recorded educational textbooks. Its mission is to create opportunities for individual success by providing and promoting the effective use of accessible educational materials. Its vision is for all people to have equal access to the printed word.

**VOLUNTEERS:**

Volunteers are needed to record books in analog format using reel-to-reel tape recorders to produce master tapes. In addition, volunteers can produce books in digital format by using personal computers equipped with CD-ROM drives, sound cards and specially developed recording software. Also, outreach volunteers bring awareness of RFB&D services to the local community by representing the organization at local conferences, community events, and in-school training programs. Finally, volunteers can make telephone and mail contacts and assembling information packets and training materials.

**ADDRESS:** 1021 Millmont St.  
Charlottesville, VA 22903-4866

**PHONE:** (434) 293-4797

**WEBSITE:** <http://www.rfbdvanc.org>

ORGANIZATION: **Redevelopment and Housing Authority (Albemarle)**

PURPOSE:

Provides Comprehensive Housing Counseling services and monthly Rental Assistance, based on income and assets, to residents meeting established eligibility requirements.

VOLUNTEERS:

ADDRESS: 401 McIntire Road  
Charlottesville, VA 22902

PHONE: (434) 296-5839

WEB SITE: <http://www.albemarle.org/housing>

ORGANIZATION: **Redevelopment and Housing Authority (Charlottesville)**

PURPOSE:

Provide affordable housing to low-income people and to assist them in achieving economic independence through such efforts as homeownership

VOLUNTEERS:

ADDRESS: P.O. Box 1405  
Charlottesville, VA 22902

PHONE: (434) 970-325                      E-MAIL: [harveyd@charlottesville.org](mailto:harveyd@charlottesville.org)

WEB SITE: <http://www.vhda.com/Comm/Apps/HousingDirectory/Org.asp?PK=59>

ORGANIZATION: **Region 10 Community Services Board**

PURPOSE:

Emotional assessment and placement or appointment for adults and children experiencing emotional, substance abuse, and mental retardation problems

VOLUNTEERS:

Call for information.

ADDRESS: 800 Preston Avenue  
Charlottesville, VA 22903

PHONE: (434) 972-1800

E-MAIL: [buzzb@regten.regionten.org](mailto:buzzb@regten.regionten.org)

WEB SITE: <http://avenue.org/regten>

ORGANIZATION: **Region 10 Meadowcreek Center**

PURPOSE:

Emotional assessment and placement or appointment for adults and children experiencing emotional, substance abuse, and mental retardation problems

VOLUNTEERS:

Work with the mentally retarded on various projects.

ADDRESS: 2000 Michie Drive  
Charlottesville, VA 22901

PHONE: (434) 972-1800

E-MAIL: [buzzb@regten.regionten.org](mailto:buzzb@regten.regionten.org)

WEB SITE: <http://avenue.org/regten>

ORGANIZATION: **Region 10 Fourth Street Station**

PURPOSE:

Emotional assessment and placement or appointment for adults and children experiencing emotional, substance abuse, and mental retardation problems

VOLUNTEERS:

Call for information

ADDRESS: 401, 4<sup>th</sup> St., NW  
Charlottesville, VA 22903

PHONE: (434) 972-1800

E-MAIL: [buzzb@regten.regionten.org](mailto:buzzb@regten.regionten.org)

WEB SITE: <http://avenue.org/regten>

**ORGANIZATION: Ronald McDonald House**

**PURPOSE:**

Ronald McDonald House provides a place where families with children who are patients at the University of Virginia Hospital can stay. The cost is \$15 per night for a family. However, no one is turned away.

**VOLUNTEERS:**

There are several volunteer opportunities at Ronald McDonald House:

- RMH posts a wish list on its website with items that are in need at the house, such as paper products and personal items.
- Volunteers can provide meals to the residents of the house. Wesley Memorial provides dinner the second Sunday of the month.
- RMH organizes fundraisers during the year for which volunteers are needed. In November, RMH sends out its annual letter and volunteers are needed to help with this project. During December, RMH has a gift-wrapping station at Fashion Square Mall and volunteers are needed for 2-3 hour shifts.
- Volunteers are needed to clean, do yard work, and provide rides to the grocery store for the residents.

ADDRESS: 300 9<sup>th</sup> St. SW  
Charlottesville, VA 22903

PHONE: (434) 295-1885

E-MAIL: [mcronald@cstone.net](mailto:mcronald@cstone.net)

WEBSITE: <http://avenue.org/rmhc>

ORGANIZATION: **Salvation Army**

PURPOSE:

To preach the gospel of Jesus Christ and to meet human needs in His name without discrimination

VOLUNTEERS:

ADDRESS: 207 Ridge St.  
Charlottesville, VA 22902

PHONE: (434) 295-4058

E-MAIL: [JHart46201@aol.com](mailto:JHart46201@aol.com)

WEB SITE: <http://www.salvationarmysouth.org/home.htm>

ORGANIZATION: **Senior Center**

PURPOSE:

Provider for seniors in enrichment and social experiences

VOLUNTEERS:

Please call

ADDRESS: 1180 Pepsi Place  
Charlottesville, VA 22901

PHONE: (434) 974-7756

WEB SITE: <http://avenue.org/senior/volunteers>

**ORGANIZATION: Sexual Assault Resource Agency (SARA)**

**PURPOSE:**

Dedicated to reducing the vulnerability of women and children to sexual assault and sexual abuse, and to facilitating the recovery of sexual assault victims

**VOLUNTEERS:**

Need volunteer support personnel/counselors from all walks of life. SARA will train volunteers (4 times a year) to provide support to victims. Trained Volunteers man the Help Line (calls can be transferred to volunteer's home), meet victims at the ER, or at the courthouse.

**ADDRESS:** P.O. Box 6880  
Charlottesville, VA 22906

**PHONE:** (434) 295-7273

**E-MAIL:** [JessicaC406@aol.com](mailto:JessicaC406@aol.com)

**WEB SITE:** <http://www.sexualassaultresources.org/>

ORGANIZATION: **Shelter for Help in Emergency (SHE)**

PURPOSE:

Providing services to victims of domestic violence, and their children

VOLUNTEERS:

Please call

ADDRESS: P.O. Box 3013  
Charlottesville, VA 22903

PHONE: (434) 963-4676

E-MAIL: [smartin@shelterforhelpinemergency.org](mailto:smartin@shelterforhelpinemergency.org)

WEB SITE: <http://www.shelterforhelpinemergency.org>

**ORGANIZATION: Soup Kitchens (Charlottesville)**

**First United Methodist Church**

**Christ Episcopal Church**

**First Christian Church**

**First Presbyterian Church**

**Holy Comforter Church**

**Salvation Army**

**PURPOSE:**

Serve hot meals to needy people. This group of Churches serves noonday meals on a rotating basis each weekday. The Salvation Army serves breakfast each day and other meals on the weekend.

**VOLUNTEERS:**

Prepare and serve food.

**PHONE:**

First UMC	(434) 296-6193
Christ Episcopal	(434) 293-2347
First Christian	(434) 293-2276
First Presbyterian	(434) 296-7131
Holy Comforter	(434) 295-7185
Salvation Army	(434) 295-4058

**ORGANIZATION: SPCA**

**PURPOSE:**

The mission of the Charlottesville-Albemarle SPCA is to improve the lives of homeless and neglected animals, and to place those animals in homes. Outreach and education accomplish this.

**VOLUNTEERS:**

Volunteers must be 14 or older, due to safety concerns. This may change when the new building is opened, hopefully in summer of 2003. Volunteers 14 to 17 will need to attend a 3 hr volunteer orientation and training. These volunteers will have fewer interactions with animals than older volunteers, and will primarily be involved in housekeeping, such as feeding, laundry, and clean up. They may be involved in bathing puppies prior to special events. They will work directly with a staff member.

Volunteers 18 and above will have a 3 hr orientation and training. Initially volunteers may be primarily involved in housekeeping duties. Additional training is available in dog walking. Adult volunteers may also be trained to transport animals to the vet, or to transport injured animals to the Wildlife Center in Waynesboro. Additionally, the rummage sale to benefit the SPCA is entirely run by volunteers, and usually takes place twice a yr.

Children under 14 who would like to help the SPCA, can do so by collecting towels, dog or cat food, or doing fund-raisers such as car washes or bake sales. They can tour the facilities.

Volunteers 17 or under should contact Patty Degnan. Volunteers older than 18 should contact Page Ford for more information.

**ADDRESS:** Shelter: 2075 Woodburn Rd Charlottesville  
Mailing: PO Box 7047 Charlottesville VA 22906

**PHONE:** (434) 973-5959

**WEB SITE:** <http://www.caspca.org>

The volunteer application may be downloaded from this site.

ORGANIZATION: **Special Olympics**

PURPOSE:

Special Olympics is a yr round international program of sports training and athletic competition for children and adults with mental retardation, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and share skills, gifts, and friendships with families, other Special Olympic athletes, and with the community. It is a program of people helping people. A variety of sports are provided, including skiing, ice skating, basketball, summer games, soccer, volleyball and golf.

VOLUNTEERS:

Volunteers will assist in all aspects of the games. Volunteers may ask for information online, or complete a volunteer registration form online. The application and screening process will match your interests, your talents, and your availability with the needs of the organization to ensure a good fit.

ADDRESS: Games are held all over the state of Virginia. Call or email below for information.

PHONE: 1-800-932-GOLD (4653)

EMAIL: [spolva@aol.com](mailto:spolva@aol.com)

WEB SITE: <http://www.specialolympicsva.com>

**ORGANIZATION: Thomas Jefferson Area Branch of the Blue Ridge Food Bank**

**PURPOSE:**

Distribute food to agencies such as the Salvation Army and Church feeding programs for needy people in Central Virginia and the Shenandoah Valley.

**VOLUNTEERS:**

Stocking shelves, pulling orders, filing, answering phones, etc.

**ADDRESS:** P.O. Box 6415  
Charlottesville, VA 22906

**PHONE:** (434) 296-3663

ORGANIZATION: **Tri-Area Foster Families**

PURPOSE:

To place children who need care, either temporary or long term in approved substitute families.

VOLUNTEERS:

A variety of opportunities are available. Must be over the age of 21, married or single and successfully complete the application and training process.

ADDRESS: 120 7<sup>th</sup> Street, N.E.  
P. O. Box 911  
Charlottesville, VA 22902

PHONE: (434) 970-3329

WEB SITE: <http://www.charlottesville.org/default.asp?pageid=E3694133-B4B7-4910-8673-B14EBD30631F>

ORGANIZATION: **United Way**

PURPOSE:

As guided by donors, the Thomas Jefferson Area United Way provides substantial support to effective programs focused on helping people in our community who are in greatest need or at greatest risk-children & families, the elderly, individuals needing emergency services, & those living in poverty through funding raised by community volunteers.

VOLUNTEERS:

Volunteers can serve in many ways. On line application to sort out your interests & point you to the right organization.

LOCATION: 806 E. High St.  
Charlottesville 22902

PHONE: (434) 972-1705      EMAIL: volunteer coordinator: [swood@unitedwaytja.org](mailto:swood@unitedwaytja.org)

WEBSITE: <http://www.unitedwaytja.org>

Web page has extensive list of available opportunities.

**ORGANIZATION: University of Virginia Health System**

**PURPOSE:**

University of Virginia Health System has over 40 different volunteer opportunities available, offering volunteers the chance to help patients, families, and staff. The purpose for volunteers is to assist in providing care to patients who may be in need and far from home. Volunteers provide an invaluable contribution to the care we provide.

**VOLUNTEERS:**

Opportunities involve direct care with patients, families, and visitors and behind the scenes. Call or go online for information about different roles, and time schedules. Then call and set up an interview to match your time, talents, and interests.

University of Virginia students may volunteer at the hospital through Madison House of the University of Virginia. Students ages 14 to 17 may serve in the summer program, which requires a commitment of 6 weeks, 90 hours total, in a 9 week period from mid June to mid August. For those who wish to contribute but cannot come to the hospital, there are opportunities to sew or knit at home.

All volunteers will undergo general orientation to the facility, and will receive free TB screening. As appropriate, volunteers will also undergo infection control training, patient confidentiality training, and training for your specific assignment.

**ADDRESS:** Lee St., Charlottesville VA 22908

**PHONE:** (434) 924-5251

**WEB SITE:** <http://www.hsc.virginia.edu/>

Click on patients/consumers, then chose volunteer opportunities

**ORGANIZATION: Virginia Blood Services**

**PURPOSE:**

To collect and provide blood and blood products for Virginia hospitals, including the University of Virginia and the Martha Jefferson Hospital.

**VOLUNTEERS:**

Volunteers telephone people from established donor lists to remind and encourage them to make appointments to donate. Volunteers may also provide snacks and assist at collection drives.

**LOCATION:** various collection sites in Charlottesville. Office is located-  
2201 West wood Rd  
Richmond VA 23230-4009

**PHONE:** (434) 977-8956

**EMAIL:** [dhorwiz@vablood.org](mailto:dhorwiz@vablood.org)

**WEB SITE:** <http://www.vablood.org>

ORGANIZATION: **Weed & Seed Network**

PURPOSE:

The Weed & Seed Network is a federally funded strategy to reduce drugs, & violent crime through youth & family focused alternatives. It is facilitated by federal & local multi-agency collaborations for neighborhood revitalization, combining the resources of community policing, prevention, intervention and treatment, & law enforcement. Mini grants are invested in community & faith based organizations, plus partnerships with residents, businesses, & other community stakeholders.

VOLUNTEERS:

May make presentations to middle school children, such as on health topics, in local middle schools. No training is required to make presentations, although it needs to be discussed with the office. Volunteers may also serve as mentors to middle school children. Mentors are required to have 25 hr of training, and must commit for one year.

LOCATION: downtown Charlottesville

PHONE: (434) 970-3120

EMAIL: [weedandseed@charlottesville.org](mailto:weedandseed@charlottesville.org)

WEBSITE: <http://www.charlottesville.org/weedandseed>